

A silhouette of a person jumping over a mountain peak at sunset. The sun is low on the horizon, creating a warm orange glow. The sky is filled with soft, wispy clouds. The person is in mid-air, with their arms and legs extended, suggesting a leap or a jump. The background shows a vast landscape with rolling hills and a valley below.

PLAY, LEARN AND LIFE

Training for trainers

Iceland

16-20 AUGUST 2018

INTERNATIONAL LEADERSHIP COURSE WHERE PARTICIPANTS
WILL LEARN HOW TO USE GAMES TO FIGHT SOCIAL ISOLATION
OF TEENAGERS. JOIN US FOR A WEEKEND FULL OF ACTIVITIES!

IMPORTANT INFO

- The training will start on Thursday afternoon. Please make sure you will have arrived to Reykjavík by 16:00 16th of august.
- Day of departure is Monday 20th of august.
- Participants will have to arrange their sleeping from the 19th-20th of August by them selfs*
- Food, travel and sleeping from Thursday afternoon to Sunday evening is included in the price.
- Cost of the training course is 200€
- Registration deadline is 30. July 2018

THE AIM OF THE COURSE

We want to learn and share experience about how we can use games as tool to teach and inspire young people. We are facing times now a days where children and teenagers do not necessary learn how to play and social awkwardness a long with social isolation is threatening our young adults as well as social inactivity.

It is our duty to share the know-how of how to address this situation and increase the quality of informal education through games. We aim to make our "tool box" bigger and learn how we can through fun and inspiring methods get children and teenagers alike to forget about their phones and tablets for awhile and learn how to play and interact with one and another in the most natural way.

We will get high class teachers as well as sharing our own experience during peer to peer sessions.



CAN I PARTICIPATE?

We aim for participants with wide range of experience working with children and teenagers, within religious organisations. We hope for people of both sex and ageing from 18 years.

The participants have to be able and willing to participate in games of all kinds and be ready to share their experience from before. We hope that everyone can put something on the table as we aim for peer to peer sessions where we will get good chance to share experiences and learn from each other.

The training will be in English, so basic language skills are needed.

TIME TABLE

DAY 1 - 16.08.18 Arrivals

Participants have to be in Reykjavík by 16:00

17:00 Drive to the venue

18:15 Arrived at the venue

19:00 Dinner

20:00 Icebreaker games

DAY 2 - 17.08.18

09:00 Breakfast and morning prayers

10:00 How to use games I Lecture and games

12:00 Lunch

13:00 Workshop - what games have worked the best for us? Peer to Peer session.

15:00 Coffee break

16:00 Board Games -Lecture and workshop about board games

19:00 Dinner

20:00 Play time

DAY 3 - 18.08.18

09:00 Breakfast and morning prayers

10:00 Why is physical activity important? Lecture

12:00 Lunch

13:00 Making the most out of your space - outside games

15:00 Coffee break

16:00 How to use games II

19:00 Dinner

20:00 Introduction to Erasmus+ Programme and the youth pass.

21:00 Youth pass workshop

DAY 4 - 19.08.18

09:00 Breakfast and morning prayers

10:00 Trip to Þingvellir

12:00 Lunch

13:00 Drive to Reykjavík

14:30 MIP - Goose Chase down town Reykjavík

16:00 What did we learn? Evaluation session

19:00 Farewell dinner

DAY 5 - 20.08.18 Departures

Please note that this is a draft of the timetable



THE VENUE

The course will be held in south of Iceland at a place called Úlfjótssvatn, it is a scout centre roughly an hour drive from Reykjavík city. The rooms are shared and the beds are bunk beds. Please bring your own sleeping bag and pillow. A duvet and pillow can be rented.

The area is very beautiful and is situated very close to Þingvellir national park.

All kinds of weather can be expected in Iceland, even during the summertime. We will play games inside and outside so keep that in mind when packing.

OTHER IMPORTANT INFORMATION

The cost of the event is 200€ per participant. 25000isk for Icelanders.

Ask your organisation if you are eligible for travel reimbursement.

The last night (19th -20th of august) participants have to plan their own accommodation, we will though provide basic accommodation for free for those that want. We are also looking in to the possibility of homestay. So those of you that are interested in staying with an Icelander during your last night please contact siggi@aeskh.is for more information.

Registration deadline 30 July 2018.

More information and registration: www.aeskth.is/trainingfortrainers

If you have any questions feel free to contact ÆSKÞ at [aeskh@aeskh.is](mailto:aeskth@aeskh.is)